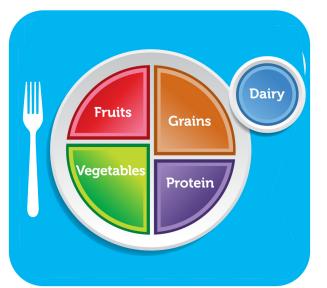


Fresh Drinking Water, Seasonal Fresh Fruit, Low Fat Yogurts, Fresh Baked Bread, Locally sourced Seasonal Salad Bar

# MANOR INFANT PRIMARY SCHOOL WEEK 1

MEA



30/10 - 13/11 - 27/11 - 11/12 - 8/1 - 22/1 - 5/2 - 19/2 - 4/3	· 18/3
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FREE							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Burger in a Bun Halal Burger in a Bun Vegetarian Burger in a Bun Skin on Wedges	BBQ Chicken Wrap Halal BBQ Chicken Wrap Vegetable Chilli Con Carne* Rice	Cheese & Tomato Pizza Tomato & Basil Pasta Bake Garlic Bread	Roast Chicken Halal Roast Chicken Winter Vegetable Pie Roast Potatoes Yorkshire Pudding & Gravy	Fish Fingers Cheese & Tomato Flan Oven Baked Chips			
Corn on the Cob or Coleslaw	Peas or Carrots	Sweetcorn or Coleslaw	Carrots or Swede	Peas or Baked Beans			
Jacket Potato with Tuna or Coleslaw	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese or Coleslaw	Jacket Potato with Tuna or Cheese	Jacket Potato with Cheese or Baked Beans			
Ham or Cheese Roll	Ham or Cheese Roll	Salmon or Cheese Roll	Egg or Cheese Roll	Chicken / Halal Chicken or Cheese Roll			
Seasonal Fresh Fruit Fruit Cookie	Seasonal Fresh Fruit Brownie with Custard	Seasonal Fresh Fruit Raspberry Fruit Jelly	Selection of Fresh Fruit Fruit Cocktail	Seasonal Fresh Fruit Iced Vanilla Sponge with Custard			
**************************************	Available as a Potato Filling		THURSDA				



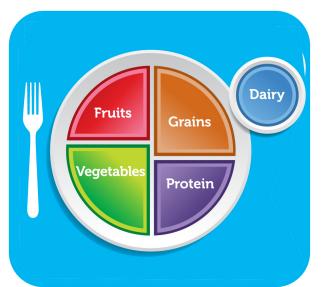
\*Also Available as a Potato Filling Vegetarian / Vegan

All Homemade desserts contain organic flour/free range eggs/fair trade sugar/ and are 33% reduced sugar. All of our menus are served with at least two varieties of seasonal Vegetables or Salad.



Fresh Drinking Water, Seasonal Fresh Fruit, Low Fat Yogurts, Fresh Baked Bread, Locally sourced Seasonal Salad Bar

# MANOR INFANT PRIMARY SCHOOL WEEK 2



6/11 - 20/11 - 4/12 - 18/12 - 4/1 - 15/1 - 12/2 - 26/2 -	11/3 - 25/3
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100% ORGANIC

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Beef Burrito Halal Beef Burrito Macaroni Cheese Mexican Rice

Broccoli or Sweetcorn

Jacket Potato with Tuna or Coleslaw

Ham or Cheese Roll

Seasonal Fresh Fruit Frozen Smoothie Chicken Tikka Halal Chicken Tikka Vegetable Tikka\* Sayoury Rice

**TUESDAY** 

**Broccoli or Carrots** 

Jacket Potato with Cheese or Baked Beans

Ham or Cheese Roll

Seasonal Fresh Fruit Banana & Caramel Cake with Custard

### WEDNESDAY

MEAT

Cheese & Tomato Pizza Roasted Vegetable Chimichanga Garlic Bread

Sweetcorn or Coleslaw

Jacket Potato with Cheese or Tuna

**Tuna or Cheese Roll** 

Seasonal Fresh Fruit Strawberry Fruit Jelly

### THURSDAY

Roast Chicken Halal Roast Chicken Vegetable Pasty Roast Potatoes Yorkshire Pudding & Gravy Carrots or Swede

> Jacket Potato with Cheese or Coleslaw

> **Egg or Cheese Roll**

Seasonal Fresh Fruit Fruit Cocktail



#### FRIDAY

Fish Fingers Vegan Sausage Roll Oven Baked Chips

**Peas or Baked Beans** 

Jacket Potato with Cheese or Baked Beans

Chicken / Halal Chicken or Cheese Roll

Seasonal Fresh Fruit Chocolate Sponge with Chocolate Sauce



\*Also Available as a Potato Filling Vegetarian / Vegan

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